

## Mosquitoes can transmit Japanese encephalitis virus (JEV)

Protect yourself to avoid serious illness.

Cover up: wear long, loose-fitting, light-coloured clothing.

Repel: apply an effective insect repellent evenly to exposed skin.

**Clean up:** remove, empty or cover water-holding containers to reduce mosquito breeding.

Cut your grass: mow your lawn often and keep it short.

**Get vaccinated:** speak to your doctor, health worker or clinic to find out if you are eligible.

