



Easy Read – Hospital Stay Guidelines

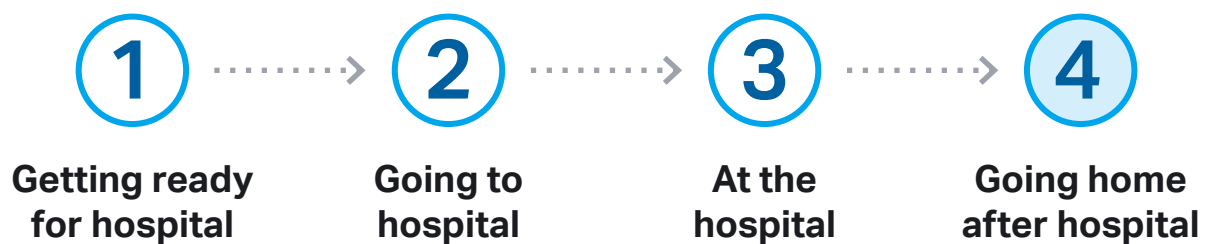
A guide for people with disability,
families, friends and carers

4



Going home after hospital

Hospital Stay Guidelines – Easy Read Series



The Department of Health thanks Developmental Disability WA and members of their Advisory Council who helped co-design the Easy Read – Hospital Stay Guideline.

Hard words are written in **bold** and **blue**.



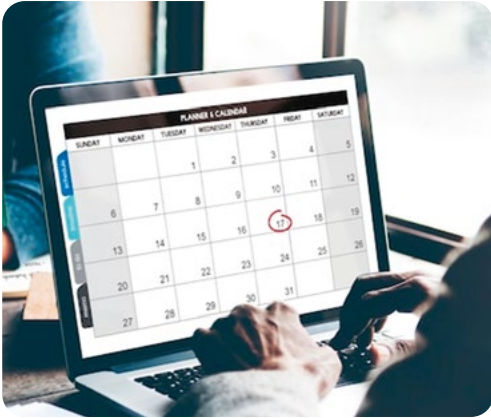
This is book 4 of 4 books that tells you about being in hospital.



This book tells you how to make going home after hospital easier.



When you leave the hospital, your usual doctor should receive a **discharge summary** from the hospital.



A **discharge summary** will tell your usual doctor about any future appointments you need.



You can ask for a copy of all your information before you leave the hospital.



Manage My Care

Manage My Care is a free app for your mobile phone that can help you manage your medical appointments.

You can ask someone for help to install the **Manage My Care** app.



You can ask your hospital doctor what you need to do when you get home. Such as any medication or wound dressings you may need.



You may need to follow up with your usual doctor when you get home.



You will need to plan how to get home before you can leave the hospital.



You may need to have someone with you to travel home or stay with you for a while.



You can ask someone to take you or book a **taxi**.



A **taxi** is when you pay someone to drive you.



You can also take a train or bus if you are feeling well enough.



People who live far away from the city can get help to pay for their transport to home.



This is called the **Patient Assistance Travel Scheme**.



The **Patient Assistance Travel Scheme** helps people who live over 100 kilometres away travel home.



If you start to feel sick when you get home from hospital you can:

- tell your family, friend, carer or support worker
- call your usual doctor or an after-hours doctor
- call to talk to a nurse at Healthdirect on 1800 022 222.



If you start to feel very sick, go to the hospital Emergency Department or call 000 as soon as possible.



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