



Personal Protective Equipment (PPE) – Don & Doff in Healthcare Setting Competency Checklist

DONNING PPE	Completed	
	Yes	No
BEFORE ENTERING THE PATIENT ROOM		
1. Perform hand hygiene: remove jewellery, ensure bare below the elbows		
2. Don gown: put the gown on so that your front and arms are fully covered, and gown opening is at the back, fasten ties at the neck and at the back		
3. Don mask (surgical mask for droplet precautions, Particular Filter Respirator (PFR) for airborne precaution): surgical - metal band fitted across bridge of nose, PFR (N95/P2) – perform fit check		
4. Don protective eyewear (goggles or face shield): position goggles over eyes or face shield over face, adjust if necessary		
5. Perform hand hygiene		
6. Don gloves: fit gloves, adjusting at the cuffs		
DOFFING PPE		
REMOVE GOWN AND GLOVES AT DOORWAY, MASK AND EYEWEAR IN ANTEROOM OR OUTSIDE ROOM		
1. Doff gloves: grasp outside of glove with opposite gloved hand and peel off, hold removed glove in gloved hand, slide fingers of ungloved hand under remaining glove at wrist, peel glove off over first glove, discard in appropriate waste container		
2. Perform hand hygiene		
3. Doff gown: with clean hands untie gown, touching only the inside of the gown, pull from neck and shoulders, then arms, turning inside out as gown is removed, roll gown into bundle and discard in appropriate waste container		
4. Perform hand hygiene		
5. Doff protective eyewear: remove eyewear by handling sides or back only, discard or reprocess with disinfectant wipes, store dry		
6. Perform hand hygiene		
7. Doff mask: remove mask by only handling at ties, discard in appropriate waste container		
8. Perform hand hygiene		

Comments or follow up actions:

Staff Name: _____ Signature: _____ Date: _____

Assessor Name: _____ Signature: _____ Date: _____