



Donning and doffing in healthcare settings

Donning PPE

(Before entering the patient room)

Step 1 **Hand hygiene**

- Remove jewellery – Ensure bare below the elbows
- Perform hand hygiene

Step 2 **Fitting gown**

- Put the gown on so that your front and arms are fully covered and gown opening is at the back
- Fasten ties at the neck and at the back

Step 3 **Apply and fit mask – surgical mask for droplet precautions**

- Metal band fitted across bridge of nose

PFR for airborne precaution

- If PFR required (N95/P2) perform fit check

Step 4 **Fitting goggles or face shield**

- Position goggles over eyes or face shield over face
- Adjust if necessary

Step 5 **Hand hygiene**

- Perform hand hygiene

Step 6 **Fit gloves over cuff of gown**

- Fit gloves, adjusting at the cuffs

Doffing PPE

(remove gown and gloves at doorway, mask and eyewear in anteroom or outside room)

Step 1 **Removing and disposing of gloves**

- Remove by gripping at cuffs
- Immediately dispose of gloves in appropriate waste
- Perform hand hygiene

Step 2 **Removing and disposing of gown**

- With clean hands untie gown
- Touching only the inside of the gown, pull from neck and shoulders, then arms, turning inside out as gown is removed
- Roll gown into bundle and discard in appropriate waste
- Perform hand hygiene

Step 3 **Removing and disposing of goggles/face shield**

- Remove eyewear by handling sides or back only
- Discard or reprocess with disinfectant wipes, store dry
- Perform hand hygiene

Step 4 **Removing and disposing of mask**

- Remove mask by only handling at ties, then discard in appropriate waste
- Perform hand hygiene