Family Health Tree

Write down family members:
- Initials/Sex (M/F)
- Year of birth and/or death (DOB/D)
- Any major health conditions (Conditions and age began)

What conditions to record?
- Heart disease  HD
- Cancers  C
- Diabetes  D
- High blood pressure  BP
- High cholesterol  HC
- Stroke  S
- Mental illness  M
- Asthma  A
- Osteoporosis  O

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