



Information for Cystic Fibrosis dietician for Annual Review

Please write down everything you would eat or drink on a 'typical/normal' day, including special nutrition drinks if you have them.

If you take enzymes, please write down the name below and how many you have with each meal/ snack/drink.

Enzyme name: _____

Food and drinks please include as much detail as possible:	Number of enzymes taken
Breakfast:	
Morning tea:	
Lunch:	
Afternoon tea:	
Dinner:	
Supper:	
	Total number of enzymes per day =

