



Department of
Health



Naftaada xafid iyo kuwa kale



KU DHAQ GACMAHA

badanaa saabuun iyo biyo,
ama gacmo nadiifiye



KU DABOOL QUFACA

iyo hindhisada tiishuu/waraaq
ama xusulka gudihiisa



GURIGAAGA JOOG HADDII AAD XANUUNSAN TAHAY OO IS BAAR

Xitaa haddii aad qabtid calaamado sahlan
oo hargabka ama hargabka oo kale ah



KALA FOGYNTA JIRKA

ka fogoow ugu yaraan
1.5 mitir dadka kale haddii
ay suurogal tahay



NADIIFI MEELAHA WAX LA SAARO

oo mari alaabaha walxaha
jeermiska dila



HEL APP KA

si uu kaaga caawiyo
aqoonsiga dadka uu ku
dhacay COVID-19